

## WFHM Training Run Que Sheet – 6 Miles

Right onto Frost Avenue	<b>0.0</b>
Left onto Booth Avenue	<b>0.1</b>
Proceed onto Booth Avenue	<b>0.3</b>
Left onto South Griffith Avenue	<b>0.8</b>
Proceed onto South Griffith Avenue	<b>1.1</b>
Right onto Scherm Road	<b>1.2</b>
Left onto Chickasaw Drive	<b>1.7</b>
Proceed onto Chickasaw Drive	<b>1.8</b>
Right onto Tamarack Road	<b>2.1</b>
Proceed onto Tamarack Road	<b>2.5</b>
Turn around at Buckland Square	<b>2.9</b>
Proceed onto Tamarack Road	<b>3.5</b>
Left onto Chickasaw Drive	<b>3.8</b>
Proceed onto Chickasaw Drive	<b>4.0</b>
Right onto Scherm Road	<b>4.2</b>
Proceed onto Scherm Road	<b>4.3</b>
Left onto South Griffith Avenue	<b>4.7</b>
Proceed onto South Griffith Avenue	<b>4.9</b>
Right onto Booth Avenue	<b>5.1</b>
Proceed onto Booth Avenue	<b>5.3</b>
Right onto Frost Avenue	<b>5.7</b>
Left onto Park Plaza Drive	<b>5.8</b>
Arrive at Finish	<b>5.9</b>



