



### WFHM Training Run Que Sheet – 9 Miles

- Proceed onto Park Plaza Drive
- Left onto Frederica Street
- Right onto West 25th Street
- Continue on East 25th Street
- Right onto Daviess Street
- Proceed onto Daviess Street
- Left onto Legion Boulevard East
- Head East on the Southwest portion of the Legion track and continue to Easy Byers Avenue
- Proceed onto East Byers Avenue
- Left onto Greenbelt Park
- On the Greenbelt turn around at bridge that leads to Chandler Park Apartments (mile 4.5)
- Follow same route back to Legends